

Fasting New Year 2024

January 15th - February 7th

We fast in 6-day intervals to deal with parts of the flesh and areas in our life that are not conducive to the promised land living that God has placed us in as of this year.

Every Wednesday, 6:30 pm prayer is led by one of the Elders, Ministers, or Deacons.

Begin a journal at the beginning of the fast about what you need God to do in your personal life, your area of ministry, and in and throughout the church. Also, in the life of the next generation of church builders.

15-20th

1st-week liquids until noon or 6 hours, whichever comes first. (Ex. If your day begins at 4 am, your six hours of liquids only will end at 10 am)

We need to make a significant sacrifice in our lives for the first week. (Ex. TV, video games, social media, or certain foods)

- ✓ Set aside a time of devotion and meditation, prayer, and reading.
- ✓ Set aside a seed offering or sacrifice gift daily and bring that gift weekly to the altar.
- ✓ As the Spirit leads you, leave prayer requests on the altar when you attend church.

21st -26th

Continue liquids for 6 hours or until noon...whichever comes first. Begin to sacrifice meats and desserts.

This is the week of discipline, discipline, discipline!

Ask the Holy Spirit to change my thoughts, words, behaviors, and areas in my life that resemble bondage to reflect walking in my promise.

27th -1st

Begin modified Daniel fast.

Begin my time of being an intercessor for the kingdom of God.

2nd-7th

Continue modified Daniel fast.

Begin to receive and accept your assignment as the next generation of builders that God is using to restore kingdom values and reject worldly influences over the kingdom of God.

Ask the Holy Spirit to lead you and give you clarity on how to operate in this new found call.

Go back through your journal and reflect on how God has spoken to you, and how you have seen Him work throughout this fast.

Prayer days

Jan 26th
6pm-6am

Feb 3rd
6am - 6pm